

# May Menu



Please call the day before to cancel your meal if you are not going to be home (208) 232-1114 Opt. 3

## MONDAY

### 4.Sloppy Joe

- Beef
- Veggies
- Fruit
- Bread
- Milk

### 11.Lasagna

- Beef
- Veggies
- Fruit
- Pasta
- Milk

### 18.Sweet Pork Barbacoa

- Egg & Pork
- Veggies
- Fruit
- Corn Tortilla
- Milk

### 25.Office Closed

**Closed**

## TUESDAY

### 5.Sweet & Sour Meatball

- Beef
- Veggies
- Fruit
- Rice
- Milk

### 12.Fish Burger

- Fish
- Veggies
- Fruit
- Bread
- Milk

### 19.Pork Roast

- Pork
- Veggies
- Fruit
- Rice
- Milk

### 26.Malibu Chicken

- Chicken
- Veggies
- Fruit
- Bread
- Milk

## WEDNESDAY

### 6.Greek Chicken

- Chicken
- Veggies
- Fruit
- Bread
- Milk

### 13.Turkey cranberry Slider

- Turkey
- Veggies
- Fruit
- Bread
- Milk

### 20.Chicken Fried Steak

- Beef
- Veggies
- Fruit
- WG Roll
- Milk

### 27.Biscuits & Sausage Gravy

- Pork
- Veggies
- Fruit
- Bread
- Milk

## THURSDAY

### 7.Ham & Swiss Sandwich

- Pork
- Veggies
- Fruit
- Bread
- Milk

### 14.Angel Chicken

- Chicken
- Veggies
- Fruit
- Pasta
- Milk

### 21.Tuna Noodle Casserole

- Beef
- Veggies
- Fruit
- Pasta
- Milk

### 28.BBQ Chicken Thigh

- Chicken
- Veggies
- Fruit
- Pasta
- Milk



United Way  
of Southeastern Idaho

ALL MEALS FOLLOW THE 1/3 OF THE REQUIRED DIETARY ALLOWANCE REQUERIED BY THE NATIONAL ACADEMY OF SCIENCE AND ADHERES TO THE DIETARY GUIDELINES.

