Fall/Winter 6-week Rotation Menu

Ham Dinner

Honey Ham, Baked Yam, Cinnamon Apples

Black Bean & Chicken Chili

o Chicken, Cornbread, Banana

Salmon Fried Rice

o Salmon, Veggies, Pineapple

Chicken Ceasar Wrap

Chicken, Lettuce, Tomato, Mandarin Orange

Grand Slam Breakfast Burrito

o Bacon, Sausage, Egg, Spinach, Mushroom, Pears W/Honey

Backed Spaghetti

Ground Beef, Broccoli, Mixed Berries

Swedish Meatballs

Meatballs, Roasted Zucchini & Squash, Orange Slices

Chicken Haystack Bowl

Baked Chicken, Mixed Veggies, Hot Peaches

Winter Turkey Stew

Turkey, Carrots, Celery, Grapes

Pork Loin & Apple Squash Hash

o Pork Loin, Hot Apples in Hash

Winter Salad

Chicken, Mesclun Mix, Sliced Pears

Bacon Cheeseburger Casserole

Bacon, Ground Beef, Tomatoes, Spinach, Winter Fruit Salad

Cider Chicken

Roasted Chicken, Normandy Blend, Applesauce

Cinnamon French Toast

Sausage Links, Shredded Brussel Sprouts, Hot Peaches

• Cilantro Lime Chicken

Chicken, Fiesta Corn/Black Beans, Pineapple

Fish Sandwich

o Crispy Pollock, Warm Coleslaw, Banana

Turkey Dinner

o Baked Turkey, Green Bean Casserole, Cranberry Orange Compote

Hearty Beef Vegetable Stew

Diced Beef, Vegetable Medley, Orange Slices, and dessert

• Ham Breakfast Scramble

Diced Ham, Eggs, Spinach, Mushrooms, Peppers, Grapes

• BBQ Chicken Stuffed Sweet Potato

o BBQ Chicken, Asparagus, Mushrooms, Peppers, Squash, Pineapple

• Spanish Style Beef Goulash

o Ground Beef, Diced Tomato, Onions, Mandarin Orange

Chicken Broccoli Bake

o Chicken, Broccoli Hot Peaches

Sausage Jambalaya

o Andouille Sausage, Celery, Pepper Mix, Hot Pears W/Granola

Autumm Salad

Roasted Chicken, Mesclun Mix, Sliced Red Apple

Sloppy Joe

o Ground beef, onion, pepper, corn, bun, banana

ingredient's subject to change, due to nationwide shortages