

MEALS ON WHEELS



Please call (208) 232-1114
Extension 140
BEFORE 8:30 a.m. if you
will not be home to accept
your meal.

ALL MEALS ARE PREPARED WITH LITTLE OR NO ADDED SODIUM

Monday	Tuesday	Wednesday	Thursday	Friday
2. OFFICE CLOSED  Labor Day	3. Baked Lemon Cod Cooked Spinach Warm Apples Bread	4. Roast Beef Mashed Potatoes Carrots Blackberries Roll	5. Deluxe Chef Salad w/ Turkey & Ham Watermelon Roll	6. Meatloaf Roasted Potatoes Cauliflower Oranges Bread
9. Beef Stew Fresh Fruit Corn Bread	10. Tuna Salad Sandwich Coleslaw Pineapple	11. Chicken Patty Sandwich Mixed Veggies Tater Tots Apricots	12. Lasagna Carrots Blackberries Garlic Bread	13. BBQ Baked Chicken Summer Veggies Mandarin Oranges Rice Pilaf Roll
16. BBQ Pulled Beef Baked Potatoes Mixed Veggies Pineapple	17. Beef & Bean Enchilada Southwest Corn Mixed Fruit	18. Turkey Sandwich Coleslaw Mandarin Oranges	19. Breakfast Scramble Warm Apples Biscuit	20. Sloppy Joe Tater Tots Carrots Mixed Berries
23. Chicken Fried Steak Mashed Potatoes Mixed Veggies Orange Dinner Roll	24. Stuffed Pepper Fresh Fruit Brown Rice	25. Chicken Nuggets Alfredo Noodles Broccoli Blueberries	26. Tater Tot Dish Mixed Fruit Roll	27. Pork Chop Noodles Mixed Veggies Fresh Fruit Dinner Roll
30. Lemon Chicken Roasted Potatoes Carrots Mixed Veggies Fresh Fruit Roll				